



Innate Health Resource Center  
55 N Main, Ste. 209, Logan, UT 84321

TO: Members of the Utah State Legislature

Regarding HB0207, please consider my serious concerns and ask for a NO vote on the passage of this bill. I have been a practicing Foot Zone Therapist for 20 years, and a Licensed Massage Therapist for 14 years. I attended the very first classes that were taught in Foot Zoning in the state of Utah and was in a group of the first 4 certified through the Center for Alternative Medicine, Kristiansand, Norway taught by Dr. Charles Ersdal. I would be happy to visit personally, or demonstrate for anyone who has any further questions on this subject. To someone who do not have an understanding of Foot Zone science, it seems logical that a little foot rubbing doesn't require much education, but after 20 years of practice, I assure you that Foot Zone is NOT just a foot massage. When protocols are followed, every system in the body is effected for healing. If performed incorrectly, I assure you that damage CAN be caused.

1. Considering the fact that whole body (holistic care) is fast becoming part of main stream health care, passage of this bill would set a dangerous precedent for the future. Passage of this bill would open the door to other people who don't want to pay the price for the proper foundational education, to ask for abolishment of licensing requirements for other modalities just because they perform the therapies on fully clothed clients, or they don't think their brand of bodywork as "massage" or they don't think it's "fair" to require them to learn things they don't want to. You would never even consider allowing doctors to practice a speciality without first receiving a general medicine foundation. It's the same in bodywork. If massage therapy is to ever receive the credibility we deserve, we cannot allow the science to be diluted by breaking it up and cheapen it, and allowing undertrained people practicing in a profession that requires a broader knowledge base. People CAN be hurt by this, and we as professional bodyworkers have worked hard to gain deserved respect. This legislation would make it very difficult to impossible for holistic care to be accepted as a viable option in the healthcare community.

2. There are NO industry recognized organizations for Foot Zone Therapy, and asking organizations who are unfamiliar with the modality to regulate it, would make this bill impossible to enforce going forward. What currently exists are groups splintered off from the original group of 20 years ago, each having adapted and changed the original Ersdal protocol. We need time to create organization within the industry BEFORE enacting this kind of freedom from regulation.

3. This request for release from licensing requirements from the Foot Zoning community is nothing more than a plea to not require additional education for professional practice. This would be a major disaster for the body work industry.

Sincerely,



Libiann Bowen, LMT, Certified Foot Zone Therapist